



Benton Family Healthcare LLC  
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Your Appointment \_\_\_\_\_

**CONFIDENTIAL PATIENT CASE HISTORY**

Please complete this questionnaire. This confidential history will be part of your permanent records and used to better assess your health. THANK YOU.

Name \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_ Sex [  M [  F

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Soc. Sec. # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Home Ph. \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_ Marital Status [  M [  D [  S [  W

Children? [  Yes [  No Spouses Name \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Who referred you to us/ how did you hear about us? \_\_\_\_\_

What is your major complaint? \_\_\_\_\_  
 \_\_\_\_\_

How long have you had this condition? \_\_\_\_\_

Have you had this or similar conditions in the past? \_\_\_\_\_

Do any positions make it feel better? \_\_\_\_\_

Do any positions make it feel worse? \_\_\_\_\_

Is this condition [  Improved [  Unchanged [  Getting Worse

Is this condition interfering with your [  Work [  Sleep [  Daily Routine [  Other: \_\_\_\_\_

Other therapist who have treated this condition \_\_\_\_\_

What do you think caused this condition \_\_\_\_\_  
 \_\_\_\_\_

Please list any surgical operations and the approximate dates:

\_\_\_\_\_  
 \_\_\_\_\_

Do you have a family physician? [  No [  Yes: Name \_\_\_\_\_

Medications, dosage and frequency: \_\_\_\_\_

Have you been in an auto accident or had any other personal injuries? [  Yes [  No

Please explain: \_\_\_\_\_  
 \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**Clinical Use Only:**

Patient Name \_\_\_\_\_ Number \_\_\_\_\_ Date \_\_\_\_\_



# REVIEW OF SYSTEMS (CHECK ONES YOU HAVE OR HAD)

**GENERAL**      **NOW**    **PAST**

Weakness [ ] [ ]  
 Fatigue [ ] [ ]  
 Fever [ ] [ ]  
 Chills [ ] [ ]  
 Night Sweats [ ] [ ]  
 Fainting [ ] [ ]

**SKIN**

Color Changes [ ] [ ]  
 Nail Changes [ ] [ ]  
 Hair Changes [ ] [ ]  
 Moles [ ] [ ]  
 Rashes [ ] [ ]  
 Sores [ ] [ ]  
 Weakness [ ] [ ]

**HEAD**

Headaches [ ] [ ]  
 Injuries [ ] [ ]  
 Bumps [ ] [ ]  
 Last eye exam \_\_\_\_\_  
 Glasses [ ] [ ]  
 Contacts [ ] [ ]  
 Cataracts [ ] [ ]

**EARS**

Hard of Hearing [ ] [ ]  
 Deafness [ ] [ ]  
 Ringing [ ] [ ]  
 Discharge [ ] [ ]  
 Earache [ ] [ ]  
 Itching [ ] [ ]  
 Dizziness [ ] [ ]  
 Room Spins [ ] [ ]

**NOSE**

Decreased Smell [ ] [ ]  
 Bleeding [ ] [ ]  
 Pain [ ] [ ]  
 Discharge [ ] [ ]  
 Obstruction [ ] [ ]  
 Post Naval Drip [ ] [ ]  
 Deviated Septum [ ] [ ]  
 Runny Nose [ ] [ ]  
 Sinus Congestion [ ] [ ]

**MOUTH**

Bleeding Gums [ ] [ ]  
 Sores [ ] [ ]  
 Dental Problems [ ] [ ]  
 Bad Breath [ ] [ ]  
 Loss of Taste [ ] [ ]  
 Dry Mouth [ ] [ ]  
 Ulcers [ ] [ ]  
 Blisters [ ] [ ]

**THROAT**      **NOW**    **PAST**

Soreness [ ] [ ]  
 Bad Tonsils [ ] [ ]  
 Hoarseness [ ] [ ]  
 Pain [ ] [ ]  
 Swallowing [ ] [ ]  
 Infections [ ] [ ]

**Neck**

Enlarged [ ] [ ]  
 Stiff Neck [ ] [ ]  
 Soreness [ ] [ ]  
 Lumps [ ] [ ]  
 Masses [ ] [ ]

**Breasts**

Discharge [ ] [ ]  
 Lumps [ ] [ ]  
 Pain [ ] [ ]  
 Bleeding [ ] [ ]  
 Skin change [ ] [ ]  
 Bloated [ ] [ ]

**LUNGS**

Cough [ ] [ ]  
 Phlegm [ ] [ ]

Blood [ ] [ ]  
 Shortness [ ] [ ]  
 Wheezing [ ] [ ]  
 Pain [ ] [ ]  
 Congestion [ ] [ ]  
 Inhalants [ ] [ ]

**HEART**

Murmur [ ] [ ]  
 Palpitations [ ] [ ]  
 Tachycardia [ ] [ ]  
 Swollen [ ] [ ]  
 Cold Limbs [ ] [ ]  
 Pain [ ] [ ]  
 Pressure [ ] [ ]  
 Varicose [ ] [ ]  
 Blood Clots [ ] [ ]  
 Blue Limbs [ ] [ ]

**BLOOD**

Anemia [ ] [ ]  
 Low Iron [ ] [ ]  
 Easy Bruising [ ] [ ]  
 Easy Bleeding [ ] [ ]  
 Swollen Nodes [ ] [ ]  
 Painful Nodes [ ] [ ]  
 Red Spots [ ] [ ]

**DIGESTIVE**      **NOW**    **PAST**

Abdominal Pain [ ] [ ]  
 Nausea [ ] [ ]  
 Bloating [ ] [ ]  
 Belching [ ] [ ]  
 Heartburn [ ] [ ]  
 Indigestion [ ] [ ]  
 Irregular Bowels [ ] [ ]  
 Constipation [ ] [ ]  
 Diarrhea [ ] [ ]  
 Gas [ ] [ ]  
 Hemorrhoids [ ] [ ]  
 Poor Appetite [ ] [ ]  
 Food Intolerance [ ] [ ]  
 Bloody Stools [ ] [ ]

**GENITOURINARY**

Urgency [ ] [ ]  
 Incontinence [ ] [ ]  
 Straining [ ] [ ]  
 Back Pain [ ] [ ]  
 Frequent Voiding [ ] [ ]  
 Stones [ ] [ ]  
 Burning [ ] [ ]

Bed Wetting [ ] [ ]  
 Small Stream [ ] [ ]  
 Discharge [ ] [ ]  
 Impotence [ ] [ ]  
 Dribbling [ ] [ ]  
 Cloudy Urine [ ] [ ]

Urine Color \_\_\_\_\_  
 Cramps [ ] [ ]  
 Discharge [ ] [ ]  
 Itching [ ] [ ]  
 Painful Intercourse [ ] [ ]  
 Irregular Periods [ ] [ ]  
 Hot Flashes [ ] [ ]  
 Contraception Type \_\_\_\_\_  
 Age at first period \_\_\_\_\_  
 Duration of Cycle \_\_\_\_\_  
 No. of Pregnancies \_\_\_\_\_  
 No. of Births \_\_\_\_\_  
 No. of Miscarriages \_\_\_\_\_  
 No. of Abortions \_\_\_\_\_  
 Menstrual Flow [ ] Heavy [ ] Med. [ ] Light  
 Last Period \_\_\_\_\_  
 Spotting Btwn. Periods  
    [ ] Now [ ] Past

**Clinical Use Only:**

Patient Name \_\_\_\_\_ Number \_\_\_\_\_ Date \_\_\_\_\_



## REVIEW OF SYSTEMS (Continued.)

| <u>Neurologic</u> |     |     | <u>NOW</u>      | <u>PAST</u> | <u>PAST MEDICAL HISTORY. CHECK ONLY THE ONES YOU HAVE HAD.</u> |     |
|-------------------|-----|-----|-----------------|-------------|--|-----|
| Seizures          | [ ] | [ ] | Hay Fever       | [ ]         | Parasites  | [ ] |
| Vertigo           | [ ] | [ ] | Mumps           | [ ]         | Epilepsy   | [ ] |
| Hand Trembling    | [ ] | [ ] | Rheumatic Fever | [ ]         | Paralysis  | [ ] |
| Loss of Sensation | [ ] | [ ] | Allergies       | [ ]         | Polio  | [ ] |
| Incoordination    | [ ] | [ ] | Angina          | [ ]         | Mental Illness   | [ ] |
| Loss of Facial    | [ ] | [ ] | Cancer          | [ ]         | Alcoholism   | [ ] |
| Weak Grip         | [ ] | [ ] | Tumor           | [ ]         | Depression   | [ ] |
| Paralysis         | [ ] | [ ] | Blood Disease   | [ ]         | Nervous Breakdown  | [ ] |
| Difficulty Speech | [ ] | [ ] | Leukemia        | [ ]         | Migraine   | [ ] |
| Tingling          | [ ] | [ ] | Heart Trouble   | [ ]         | Gout   | [ ] |
| Loss of Memory    | [ ] | [ ] | Varicose Veins  | [ ]         | Hemorrhoids  | [ ] |
| Numbness          | [ ] | [ ] | Phlebitis       | [ ]         | Prostate Problems  | [ ] |
|                   |     |     | Hypertension    | [ ]         | Sexual Problems  | [ ] |
|                   |     |     | Stroke          | [ ]         | Gonorrhea  | [ ] |
|                   |     |     | Ulcers          | [ ]         | Syphilis   | [ ] |
|                   |     |     | Jaundice        | [ ]         | Diabetes   | [ ] |
|                   |     |     | Skin Trouble    | [ ]         | Bladder Trouble  | [ ] |
|                   |     |     | Gallstones      | [ ]         | Kidney Stones  | [ ] |
|                   |     |     | Liver Trouble   | [ ]         | Kidney Infection   | [ ] |
|                   |     |     | Hepatitis       | [ ]         | Dysentery  | [ ] |

### ENDOCRINE

|                  |     |     |
|------------------|-----|-----|
| Weight Loss      | [ ] | [ ] |
| Weight Gain      | [ ] | [ ] |
| Extremely Thin   | [ ] | [ ] |
| Heat Intolerance | [ ] | [ ] |
| Cold Intolerance | [ ] | [ ] |
| Hair Changes     | [ ] | [ ] |
| Breast Changes   | [ ] | [ ] |

### PSYCHIATRIC

|                   |     |     |
|-------------------|-----|-----|
| Hyperventilation  | [ ] | [ ] |
| Insecurity        | [ ] | [ ] |
| Depression        | [ ] | [ ] |
| Troubled Sleep    | [ ] | [ ] |
| Irritable         | [ ] | [ ] |
| Undecidedness     | [ ] | [ ] |
| Timid             | [ ] | [ ] |
| Hallucinations    | [ ] | [ ] |
| Loss of Memory    | [ ] | [ ] |
| Alcoholism        | [ ] | [ ] |
| Drug Addiction    | [ ] | [ ] |
| Drug Dependent    | [ ] | [ ] |
| Suicidal Thoughts | [ ] | [ ] |
| Extreme Worry     | [ ] | [ ] |
| Sexual Problems   | [ ] | [ ] |

### MUSCULOSKELETAL

|                  |     |     |
|------------------|-----|-----|
| Muscle Pain      | [ ] | [ ] |
| Muscle Weakness  | [ ] | [ ] |
| Muscle Cramps    | [ ] | [ ] |
| Muscle Twitching | [ ] | [ ] |
| Joint Stiffness  | [ ] | [ ] |
| Joint Pain       | [ ] | [ ] |

### ALLERGIES

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### DIABETICS ONLY

When were you diagnosed? \_\_\_\_\_  
 What is your average blood sugar? \_\_\_\_\_  
 Would you be interested in nutritional counseling to help control your diabetes? [ ] **Yes** [ ] **No**

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Patient Name \_\_\_\_\_ Number \_\_\_\_\_ Date \_\_\_\_\_



### FAMILY HISTORY LIST ANY DISEASES WHICH RUN IN YOUR FAMILY

| RELATIVE             | AGE (LIVING) | AGE (AT DEATH) | CAUSE OF DEATH | ILLNESS |
|----------------------|--------------|----------------|----------------|---------|
| FATHER               |              |                |                |         |
| MOTHER               |              |                |                |         |
| BROTHER(S)           |              |                |                |         |
| SISTER(S)            |              |                |                |         |
| MATERNAL GRANDMOTHER |              |                |                |         |
| MATERNAL GRANDFATHER |              |                |                |         |
| PATERNAL GRANDMOTHER |              |                |                |         |
| PATERNAL GRANDFATHER |              |                |                |         |

#### SOCIAL HISTORY ( CHECK THE BOXES AND FILL IN)

|                                     |  |                                   |                                |                     |
|-------------------------------------|--|-----------------------------------|--------------------------------|---------------------|
| Height                              | Current Weight                                   | Have you recently gained weight?  |                                |                     |
| <b>Mental Work</b>                  | <input type="checkbox"/> Heavy                   | <input type="checkbox"/> Moderate | <input type="checkbox"/> Light | Hours Per Day _____ |
| <b>Physical Work</b>                | <input type="checkbox"/> Heavy                   | <input type="checkbox"/> Moderate | <input type="checkbox"/> Light | Hours Per Day _____ |
| <b>Exercise</b>                     | <input type="checkbox"/> Heavy                   | <input type="checkbox"/> Moderate | <input type="checkbox"/> Light | Hours Per Day _____ |
| <b>Smoking</b>                      | <input type="checkbox"/> Heavy                   | <input type="checkbox"/> Moderate | <input type="checkbox"/> Light | Hours Per Day _____ |
| <b>Alcohol</b>                      | Beer, Liquor, Wine/ week_____ No. of Years _____ |                                   |                                |                     |
| <b>Caffeine (Coffee, Tea, Cola)</b> | Cups/Day, No. of Years _____                     |                                   |                                |                     |
| <b>Aspirin</b>                      | No./ Day _____ No. of Years _____ Other _____    |                                   |                                |                     |

#### CIRCLE YOUR LEVEL OF PAIN ON A 1-10 SCALE:

How bad are your symptoms now?

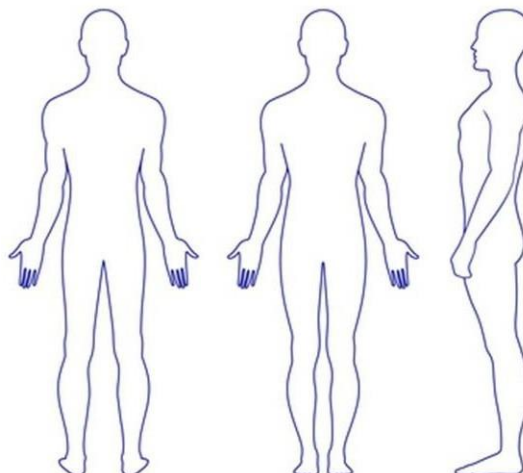
0-----1-----2-----3-----4-----5-----6-----7-----8-----9 ----- 10  
 None                              Moderate    Severe

How bad have they been in the past?

0-----1-----2-----3-----4-----5-----6-----7-----8-----9-----10  
 None                              Moderate    Severe

#### MARK THE AREAS OF YOUR SYMPTOMS BELOW

Aches: ^^^ Numbness: 000 Pins/ Needles: ... Stabbing: ///



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Patient Name \_\_\_\_\_ Number \_\_\_\_\_ Date \_\_\_\_\_

